



**YMCA MASTERS SWIMMING FESTIVAL**  
**May 20-23, 2021**  
**POWEL CROSLEY JR. YMCA**  
**9601 WINTON ROAD**  
**CINCINNATI, OHIO 45231**

Approved by Ohio LMSC

**MEET  
FACILITY**

Conducted at the Powel Crosley YMCA, 9601 Winton Road, Cincinnati, Ohio

- A 20-lane championship course. **OUTDOORS**
- Separate warm-up/warm down lanes available throughout the meet.
- Colorado Timing System will be used as the primary time, with a backup and a watch time on each lane.

**RULES**

Current USMS technical rules will apply unless otherwise noted in this meet information.

**DISABILITY**

Swimmers with hearing or sight concerns should confer with the starter/referee prior to their events in order that assistance may be provided. Swimmers with physical disabilities may assume a starting position prior to other participants in a heat.

**ELIGIBILITY-  
MUST BE A  
MEMBER OF A  
YMCA**

YMCA - Every athlete **MUST** be a current member of the YMCA that they are representing, and that membership must be effective through May 23, 2021.

A swimmer must be an amateur athlete in the competitive season in swimming and be age 18 or older on the last day of the meet. All swimmers are strongly encouraged to have a physical examination/medical evaluation prior to competing in the meet. USMS - You do not have to be a USMS member, but the entry program will ask for your number if you have one.

**CERTIFICATE  
OF LIABILITY  
INSURANCE**

**YMCA TEAMS THAT DO NOT COMPLY WITH THE CERTIFICATE OF LIABILITY INSURANCE REQUIREMENT WILL NOT BE ALLOWED TO SWIM AT THE MEET.**

**Check the  
sample for  
correct  
wording.**

Each team, consisting of one or more individuals, must submit a "Certificate of Liability Insurance" from their YMCA in the minimum amount of \$1,000,000/\$2,000,000. The certificate must name "YMCA of Greater Cincinnati, 1105 Elm Street Cincinnati OH 45202" as the Certificate Holders (see sample).

**The athlete  
must inform  
the YMCA that  
they need the  
Certificate.**

The "Certificate of Liability Insurance" must be sent directly to Jon Saxton as soon as possible, but no later than May 17, 2021. Send it to: [jps@rendigs.com](mailto:jps@rendigs.com).

**LIABILITY  
RELEASE**

Liability Release:

**WAIVER  
SIGNATURE**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Master's swimming (training and completion) including possible permanent disability or death and agree to assume all of those risks. I hereby waive any and all rights to claims for loss or damage arising out of my participation in the 2021 YMCA Masters Swimming Festival or any activities incident thereto against YMCA of Greater Cincinnati and its officers, employees, agents and directors, the met committee, and any individuals officiating, as a condition of my participation in the 2021 YMCA Masters Swimming Festival to be held May 20-23, 2021.

**MEMBERSHIP  
SIGNATURE**

I verify that I am a member of \_\_\_\_\_ YMCA, Association I.D. Number \_\_\_\_\_ and my membership is current through May 23, 2021.

**ENTRY  
PROCESS**

We are not using Clubassistant.  
If your team can send a team manager, meet manager, or team unify file that would help.  
Send those files to claudia.multer@gmail.com  
Other wise – Fill out the attached entry form and mail a check.  
Entries are due Monday, May 17, 2021.

**INDIVIDUAL  
ENTRIES**

A swimmer may enter no more than five (5) individual events per day, and no more than twelve (12) individual events for the entire meet.  
Individual Event Entry Fee - \$10.00

A swimmer's age group is determined by that swimmer's age on the last day of the meet, May 23, 2021. Age groups to be contested are as follows: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, and 100+.

There are no qualifying time standards for this meet. A swimmer should enter his/her best achieved time for each event entered. An entry time of "NO TIME" will NOT be accepted.

A swimmer interested in USMS records must submit a current USMS membership number. The entry program will ask for that information.

**SEEDING**

All events will be seeded by time. They will be scored by age group.

**RELAY  
ENTRIES**

All members of a relay must be from the same YMCA in order to compete. Women's relays must consist of four women. Men's relays must consist of four men. Mixed relays may be made up of two women and two men or three women and one man. Mixed relays going for a USMS record must be two women and two men. All relay competitors must be on the roster. Relays going for a USMS record must be registered on the same USMS team.

Relay Event Entry Fee \$20.00

Teams wishing to enter relays prior to the meet may submit them by emailing [claudia.multer@gmail.com](mailto:claudia.multer@gmail.com).

Please turn in relays the day before they swim.  
This allows us time to seed them properly

**WARM-UP  
TIMES**

All pools – competition and warm-up warm-down areas are reserved for participants in the 2021 YMCA Masters meet.  
Thursday and Friday: 4:30 PM to end of session.  
Saturday --Sunday: 8:00 AM-end of session  
Warm-Up/Warm-Down lanes will be specified.  
The meet starts at 5:30 PM Thursday and Friday.  
The meet starts at 9:00 AM Saturday and Sunday.

**SCORING**

Events will be scored by masters age groups, for 8 places.

**SPLITS**

**Relay splits are not automatic.** (They will need to be requested.)  
Initial splits can be requested by seeing the referee on each pool.  
They will keep a list on the clipboard which will be turned in to the scoring room.

**SOCIAL**

Social – Saturday, May 22, 2021  
Still in the planning process.  
Outside – in the evening  
Cost of social included in the swimmer surcharge.

**PARKING**

**Ample free parking at the facility.**

**RESULTS**

Final results will be posted in printable format on the web site.  
[www.pcytigersharks.org](http://www.pcytigersharks.org)  
Results will also be found on Meet Mobile.

Powel Crosley Jr. YMCA is following all state guidelines for COVID.

<b>COVID-19 Information</b>	<ul style="list-style-type: none"><li>• Avoid getting closer than six (6) feet to anyone coughing or sneezing.</li><li>• Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol.</li><li>• Avoid touching your eyes, nose, and mouth.</li><li>• Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands.</li><li>• Stay home if you are sick, and away from the pool and from fellow team members.</li><li>• FACE COVERINGS: All meet participants – coaches, officials, administrators, spectators, vendors and athletes between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.</li></ul>
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<b>Waiver/Release</b>	<ul style="list-style-type: none"> <li>• By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</li> <li>• All participants agree to be filmed and photographed by the Powel Crosley Jr. YMCA club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the Powel Crosley Jr. YMCA club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.</li> </ul>
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<b>Specific COVID Protocols for this Meet</b>	<p>Host team staff will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.</p> <p><u>Mask/Cloth Face Covering Wearing Requirements:</u></p> <p>Masks/cloth face coverings will be mandatory for all participants. Participants are defined as swimmers, coaches, officials, volunteers, and all other applicable adults as defined by MAAPP. Everyone must wear a mask/face covering for the duration of the meet. Swimmers only have an exception during the swim cycle. The 'swim cycle' is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming.</p> <p>All athletes and non-athletes must complete a daily health assessment which will be made available online. All non-athletes must sign a waiver form before the meet.</p>
<b>Entry and Exit Procedures and Health Screening</b>	<p>All volunteers, coaches, officials and athletes will be temperature screened upon entry to the YMCA.</p> <p>All volunteers, coaches, officials and athletes must complete a daily health assessment, which will be offered online (and can be done before arrival or upon arrival).</p>
<b>Athlete Seating Areas and protocols</b>	<p>Athletes will have seating on the pool deck following the ODH protocols for social distancing.</p>

<b>Swimmer Limitations and Protocols</b>	<p>Swimmers will wear their masks until they approach the blocks. When whistled to the blocks, athletes will leave their masks on the chair at the end of their lane. After the race, the swimmers will retrieve their masks and move toward the admin table to exit the competition area. The next heat will be staged in a ready area close to the competition pool. Masks should be worn in the ready area.</p> <p>There will be a “one way flow” around the pool deck – swimmers will warm up in the shallow end of the pool and then approach the ready area from there. After racing, the swimmers will exit, retrieve their mask and turn left to continue direction around the pool to warm down at the shallow end.</p> <p>When not in the water, athletes are expected to wear a mask at all times, including when walking to and from an event and/or warm-up lanes. Masks may be removed for swimming but must put them on again once they exit the water.</p> <p>Athletes are expected to maintain proper distancing at all times.</p>
<b>Spectator Limitations and Protocols</b>	<p>Safety Marshal will have primary responsibility for maintaining COVID guidelines. THESE PROTOCOLS WILL BE ADHERED TO OR YOU WILL BE DISQUALIFIED FROM THE COMPETITION.</p>

# YMCA MASTERS SWIMMING FESTIVAL

## 2021 ORDER OF EVENTS

### WOMEN    MEN

### EVENT

#### THURSDAY, MAY 20, 2021 5:30 PM

101	102	1650	YARD	FREESTYLE * (see note below)
103	104	1000	YARD	FREESTYLE * (see note below)

#### FRIDAY, MAY 21, 2021 5:30 PM

201	202	400	YARD	INDIVIDUAL MEDLEY * (see note below)
203		200	YARD	MIXED MEDLEY RELAY
205	206	50	YARD	BREASTSTROKE
207	208	100	YARD	BUTTERFLY
209	210	200	YARD	BACKSTROKE
211	212	200	YARD	FREESTYLE
213	214	400	YARD	FREESTYLE RELAY

#### SATURDAY, MAY 22, 2021 9:00 AM

	302	500	YARD	FREESTYLE (MEN)* (see note below) (15 MINUTE WARM-UP)
303	304	200	YARD	FREESTYLE RELAY
305	306	50	YARD	BACKSTROKE
307	308	200	YARD	BUTTERFLY
309	310	100	YARD	INDIVIDUAL MEDLEY
311	312	200	YARD	BREASTSTROKE
313	314	100	YARD	FREESTYLE
315	316	200	YARD	MEDLEY RELAY

#### SUNDAY, MAY 23, 2021 9:00 AM

401		500	YARD	FREESTYLE (WOMEN) * (see note below) (15 MINUTE WARM-UP)
403		200	YARD	MIXED FREESTYLE RELAY
405	406	100	YARD	BREASTSTROKE
407	408	50	YARD	BUTTERFLY
409	410	100	YARD	BACKSTROKE
411	412	50	YARD	FREESTYLE
413	414	200	YARD	IM

All events will be seeded by time, slowest to fastest.

## 2021 YMCA Masters Swimming Festival Individual Entry Form

**Powel Crosley Jr. YMCA  
May 20-23, 2021**

*Recognized by Ohio for USMS, Inc.*

\* Be sure to enter your name exactly as it appears on your USMS card if you wish your times to be submitted for USMS records.

Name * (Last)			(First)			(MI)		
USMS Reg. #		Age (as of 5/23/2021)		Birth date (M/D/YY)		Gender (M/F)		
Address (Street)			(City)		(State)		(Zip)	
E-Mail			Day Phone ( )		Eve. Phone ( )			
Emergency Contact					Phone ( )			
YMCA Name					Team Code			
YMCA Address (Street)			(City)		(State)		(Zip)	

**Note: You may enter no more than 5 individual events per day and no more than 12 individual events for the meet. "No Time" entries will not be accepted.**

Warm-up starts at 4:30 PM    Meet Starts at 5:30 PM			I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Master's swimming (training and completion) including possible permanent disability or death and agree to assume all of those risks. I hereby waive any and all rights to claims for loss or damage arising out of my participation in the 2021 YMCA Masters Swimming Festival or any activities incident thereto against YMCA of Greater Cincinnati and its officers, employees, agents and directors, the met committee, and any individuals officiating, as a condition of my participation in the 2021 YMCA Masters Swimming Festival to be held May 20-23, 2021.  Signature _____
(circle gender) Thursday, May 20, 2021			
W / M	Event	Entry Time	
101/102	1650 Freestyle		
103/104	1000 Freestyle		
(circle gender) Friday, May 21, 2021    5:30 PM			
W / M	Event	Entry Time	
201/202	400 Individual Medley		
203	Mixed 200 Medley Relay	See Relay Form	
205/206	50 Breaststroke		
207/208	100 Butterfly		
209/210	200 Backstroke		
211/212	200 Freestyle		
213/214	400 Freestyle Relay	See Relay Form	
(circle gender) Saturday, May 22, 2021    9:00 AM			
W / M	Event	Entry Time	
302	500 Freestyle (Men)		
303/304	200 Freestyle Relay	See Relay Form	
305/306	50 Backstroke		
307/308	200 Butterfly		
309/310	100 IM		
311/312	200 Breaststroke		
313/314	100 Freestyle		
315/316	200 Medley Relay	See Relay Form	
(circle gender) Sunday May 23, 2021    9:00 AM			
W / M	Event	Entry Time	
401	500 Freestyle (Women)		
403	200 Mixed Freestyle Relay	See Relay Form	
405/406	100 Breaststroke		
407/408	50 Butterfly		
409/410	100 Backstroke		
411/412	50 Freestyle		
413/414	200 IM		

Meet surcharge (required)	1    \$50 <b>\$50</b>
Number of Individual Events	_____ x \$10.00 = _____
Limit individual events 12	_____
Note: The cost of the social is included in the surcharge.	_____
	TOTAL FEES = _____

**Entry Checklist:**

Entry form filled out completely with times in the proper column.

Entered in no more than 5 events perday

Entered in no more than 12 events for the

Liability waiver (above) signed and dated.

Mail entry form and check to:

Claudia Multer

1075 Oakmont Ave

Hamilton, Ohio 45013

Must be received by Monday May 17, 2021

can be emailed to: [claudia.multer@gmail.com](mailto:claudia.multer@gmail.com)